

## November & December 2023

### Important Dates & Info.

National Diabetes Month –  
November 2023

National COPD Awareness  
Month – November 2023

U.S. Antibiotic Awareness Week  
(November 18–24)

World Aids Day – December 1<sup>st</sup>,  
2023

National Influenza Vaccination  
Week (December 4–8)

Christmas Day – 12/25/2023

New Year's Day – 12/31/2023

**Winter is right around the  
corner!**

#### **Holiday Trivia Challenge:**

Be the first to answer and win  
\$10 dollars.

***In the movie Elf, what was the first  
rule of The Code of Elves?***

Please do not use the internet!  
First to come, is first served with the right  
answer!

There can only be one winner!



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# Trumbull County Combined Health District Newsletter

Vol. 2, Issue 11/12., (November/December 2023).

## **The Dawn of a “New Era” for the TCCHD!**

On Monday 12-11-2023, the TCCHD opened the doors of its new facility located at 194 W. Main St., in Cortland, Ohio, to the public. Moving into our new building marks the beginning of a new chapter, filled with anticipation, excitement, possibilities, and the promise of fresh beginnings for all of us here at the TCCHD.

All of this would not have possible without the vision of our leadership through the planning and organization phase, and the hard work, determination, and dedication of the staff within the TCCHD and other stakeholders during the weeks leading up to the big move and the move itself to find a better-suited office space for us all. A special “**thank you**” should go out to **Frank Migliozi, Kris Wilster, Johnna Ben, Jenna Amerine, and Dan Dean** for being on the building committee, and for all their countless additional hours of effort and hard work to make the vision of having a new building a reality

Since we have only recently arrived at the new building, the process of settling has not only begun, but it will be ongoing as well. This being said, it is a prime time to explore our new surroundings, get to know our new neighbors or colleagues, and embrace the opportunities that come with our new environment. Moving into the new building is not just about physical spaces; it's also about the people and communities that are around us. Building connections with neighbors, coworkers, or fellow residents can enhance our overall experience.

As the dust settles and we become more accustomed to our new building, let's take a moment to reflect on the journey. Moving into the new building is not just a physical relocation; it's a transformative experience that shapes our future for expansion and the ability to better serve all of Trumbull County. The TCCHD would like to extend a heartfelt thank you to the mayor of Cortland **Deidre Petrosky** and all the **wonderful citizens of Cortland** who took part in welcoming the TCCHD during our first week open by showing great generosity and hospitality!

### **All Day Staff Training Event was a success, and many new things are on the way in 2024.**

The TCCHD's annual all-day staff training event occurred on 11-16-2023. All TCCHD staff were trained on the remaining topics in our workforce development plan which included new topics such as innovation, systems, and community partnerships. TCCHD employees were surveyed to give their feedback about the training. On a scale of 1-4, staff indicated that their overall experience (3.2), material quality (3.5), and speaker quality (3.6), were great. One exciting new concept related to these topics is the “*working knowledge videos*” the TCCHD will begin releasing in 2024. As a brief refresher for those of us with the TCCHD, and an explanation for the public, the working knowledge videos will be videos created by the TCCHD, and starring employees of the TCCHD, which are meant to be visual/educational tools for the general public to watch and help understand all the great services and products the TCCHD has to offer. Need a plumbing permit? We will have a video to help you with that. Wondering why our inspector is on your property taking samples from your septic system? We will have a video to help you understand why and explain. So stay tuned to the TCCHD newsletter for more updates on this initiative in the future.

But wait, there's more! In addition to the working knowledge videos, the TCCHD also plans adding an “employee spotlight” portion to the TCCHD newsletter as well. This employee spotlight portion will feature TCCHD employees and highlight what they do at the TCCHD on the daily. This initiative came directly from the employees of the TCCHD, and is meant to not only highlight the employee with the “spotlight”, but to also inform the public about our great employees and what they do. This initiative will also start in 2024, so stay tuned to the newsletter for more details.

# Contact Us

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## Wellness Hub:

[www.livewelltrumbull.com](http://www.livewelltrumbull.com)

## Facebook:

[www.facebook.com/trumbullpublichealth](https://www.facebook.com/trumbullpublichealth)

## Twitter:

[https://twitter.com/trumbull\\_health](https://twitter.com/trumbull_health)

## Instagram:

<https://www.instagram.com/t.c.combinedhealthdistrict>

### TCCHD History

**January 29, 1951** – The board discussed a master survey of sewerage disposal be conducted throughout Trumbull County.

**1926** Board of Health Budget - \$17,080.00 – Total Amount Expended in **1926** - \$15,973.60

### TCCHD Industry News

#### Keeping Trumbull County Safe and Healthy one step at a time!

1. The Environmental division for October & November of 2023:
  - i. Performed **310** Food Service Operations Inspections,
  - ii. **181** Real Estate Evaluations,
  - iii. **267** Residential Sewage inspections,
  - iv. **186** Plumbing Inspections,
  - v. And **1166** O&M Samplings.
2. The Nursing division for October & November of 2023:
  - i. Held **2** children immunization clinics and saw **43** clients,
  - ii. Held **3** adult immunization clinic and saw **87** clients,
  - iii. Had **58** families enrolled in their home visiting program and provided **175** tele/home visits.
3. The TCCHD continues to offer Mail-Order Narcan Kits. Please contact Kathy Parrilla at **330-675-2489** for more details. For all of 2022, **654** were distributed, with **131** being mail order. Kits are also provided to our First Responders in the County as well. Stop Overdoses with Naloxone Because Every Life is Worth Saving. The Life You Save May be Someone You Love. Naloxone is a medication that can reverse an opioid overdose. Overdoses affect people from all walks of life. They could happen to your neighbors, your family or friends. That's why carrying naloxone could be the most important decision you make.

### Upcoming Events in Trumbull County

- New Year's Eve Bash – 12/31/2023, 7:30 pm, CharBenay's Wine on the River, 220 W Market St, Warren, OH., 44483
- Christmas Eve Dinner at the Gatsby – 12/24/2023, 5-10 pm, The Grand Resort, 9519 E Market St, Warren, OH., 44484

### Quality Improvement QI Contender for November & December of 2023

Please join me in congratulating **Johnna Ben**, our Administrative Coordinator within the Administrative Division. **Johnna** has become the TCCHD's ninth and final QI contender (for 2023), and the winner for November/December of 2023. **Johnna** was chosen by members of management for going above and beyond her typical work role for the extra work she put in in for the new building, especially to ensure a successful move. This included securing funds, processing several new purchase orders, and taking the lead on record retention compliance and record conversion. **Johnna** is now automatically eligible for the title of annual QI Champion which will be announced at the all-day staff training in November of 2024, where she has a chance to win a grand prize as the QI Champion of 2024.

### TCCHD Shout Outs

We have two this month. First shout out goes to all the **Help Me Grow Staff** from their coordinator Jenn Francis for hitting their home visiting numbers. Great job everyone.

Second shout out goes to **Kris Kriebel, and Steve Pop** for all their hard work during the move week, which included but was not limited to: moving office furniture, hanging mailboxes, building new office furniture, and lending a hand to whatever was necessary to make the move a successful one. Well done to both of you.



### Live Well Trumbull Hub



### Customer Satisfaction Survey QR



### Last Minute Toy Donations!



The Help Me Grow Department will still be visiting families next week before Christmas!

If you are out and about this weekend shopping, or are looking for somewhere to donate new, unwrapped toys for children age 1 – 10.

**PLEASE BRING THEM TO THE HELP ME GROW DEPARTMENT BY 1:00 pm on 12-22-2023**

*“Your one Trusted, and Unified source for all resources related to Health and Wellness in Trumbull County” ...*

*Visit the Trumbull County Wellness Hub at:*

<https://livewelltrumbull.com/>

- ✚ Create a Free account,
- ✚ Register for and take Challenges,
- ✚ Access our Calendar of Events,
- ✚ Hear from experts,
- ✚ Access great resources from a number of partners.

*Don't Wait...Explore the site today!*

*Ever visited the Trumbull County Combined Health District?*

*Let us know how we did with our survey below!*

*Customer Satisfaction Survey:*

<https://www.surveymonkey.com/r/TKBSNMT>

*Would you like to see something else added to the newsletter?*

Let me know! Email me at [hebonack@co.trumbull.oh.us](mailto:hebonack@co.trumbull.oh.us)

## Know the Signs:

### Signs and Symptoms of Heat Exhaustion:

- ✓ High body temperature,
- ✓ High heart rate and low blood pressure,
- ✓ Dehydration and electrolyte loss,
- ✓ Extreme weakness,
- ✓ Trouble walking,
- ✓ Fainting, or light headedness,
- ✓ Abdominal cramps, nausea, vomiting, or diarrhea,

### Signs and Symptoms of Heat Stroke:

- ✓ High body temperature,
- ✓ Profuse sweating,
- ✓ Headache,
- ✓ Irrational behavior,
- ✓ Emotional instability,
- ✓ Altered consciousness,
- ✓ Coma, or seizure.

### Who is at risk:

Anyone, but those with the following are at a higher risk:

- ✓ High body mass index, or obesity,
- ✓ Old age,
- ✓ Poor physical health,
- ✓ Sleep deprived,

**Health conditions that predispose you to dehydration and malnutrition.**

#### Rabies Info. From the TCCHD

Beginning July 31, 2023, the US Dept. of Agriculture and Animal and Plant Health Inspection Service Wildlife Services, along with the Ohio Department of Health and several Ohio local health departments, will begin distributing an oral rabies vaccine (ORV) by ground and aircraft to immunize wild raccoons in Trumbull County. Contingent on good weather, the operation should be completed by August 25, 2023.

It is best to leave baits alone unless found in area where a child or pet might find it. Wear gloves or use paper towel if you pick up a bait. There is no exposure risk in handling an intact bait. It is recommended that you wash your hands and any exposed skin thoroughly with soap and water after handling any rabies vaccine bait. Ingesting the vaccine will not harm your pet; however, vomiting and diarrhea have occurred in dogs that have ingested multiple baits.

Any human or pet contact with the bait/vaccine, contact the Ohio Dept. of Health at 1-888-574-6656.

#### (Quality in Action)

At the TCCHD half day staff training on 6-30-2023, the TCCHD quarterly update occurred for all of our Quality Improvement Endeavors. The following were a few key points taken away from all the data sources:

- According to the Quality Improvement Quarterly Efficiency Survey (2nd Quarter 2023), nearly 80% of TCCHD staff Overall, are satisfied with the tools they currently have and use to perform their respective daily job duties. *\* This survey was revamped for the 3<sup>rd</sup> quarter however, and the results from such will differ in the next newsletter.*
- The TCCHD QI Calendar is still being discussed and initially formatted by the administrative core team and will be released relatively soon,
- For 2023, TCCHD staff reports (via QI maturity survey) an aggregate 36% increase in understanding of all things QI being done in the TCCHD when compared to the same survey from 2022,
- The administrative core team is slated to discuss some possible candidates for upcoming quality improvement projects. The following are some potential topics that have been submitted over the past 24 months:
  - Website A-Z Directory,
  - QI Monthly Contender and Champion,
  - Successorship/Mentorship participation, *(no one has participated yet).*
  - Website select a language feature,
  - And Phone Tree Revamp.



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### **More Great News for the TCCHD and the Homeless Youth within Trumbull County**

The TCCHD in collaboration with the Greater Warren-Youngstown Urban League's (GWYUL) Christy House Emergency Shelter (CHES) has been awarded a Youth Homelessness grant to prevent and end youth homelessness in Trumbull County. The aim of this grant and its subsequent work is to help roughly 50 youths who are experiencing homelessness in Trumbull County annually. This help will include, transitional housing, rapid re-housing, and emergency shelter. In addition to this great news, the grant also aligns with our community health assessment priority of addressing barriers around access to care, and the Community Health Improvement Plan objective of increasing access to care. If you have any questions regarding this grant, please don't hesitate to reach out to our grants coordinator Jenna Amerine.

### **Quality Improvement within the TCCHD**

Recently, the TCCHD held its half-day training event at the health district. Many new components of our Quality Improvement (QI) Plan for 2023 were unveiled including the addition of the newsletter QI segment. Please remember to read the newsletter and watch for this segment on a quarterly basis. This segment will include committee and sub-committee decisions on the many aspects of the TCCHD including its culture of quality moving forward, and this newsletter segment will be the reporting mechanism for such...so stay tuned!



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**PHAB**

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